



SACO MEALS PROGRAM

October 2026 Meals



MONDAY & THURSDAY EVENINGS
DOORS OPEN AT 4:15PM
MEALS ARE SERVED AT 4:45PM

1st Monday, October 5th

Sponsored by: **Saco Valley Credit Union**
Cooks: **Joel & Wendy Guillemette**
Salad
Shepherd's Pie
Bread & Dessert

2nd Monday, October 12th

CLOSED

COLUMBUS DAY HOLIDAY

3rd Monday, October 19th

Sponsored by: **Union Church & People's Choice Credit**
Cooks: **Beth Baskin/Eve McPheeters**
Salad
Meat Loaf w/Gravy, Mashed Potatoes, Vegetable
Bread & Dessert

4th Monday, October 26th

Sponsored by: **Trinity Episcopal Church - Saco**
Cooks: **Joel & Wendy Guillemette**
Salad
Vegetable Lasagna
Bread & Dessert

1st Thursday, October 1st

Sponsored by: **Maine Community Bank & SAPPI**
Cooks: **Saco Meals Program/SAPPI/MCB**
Salad
Southwest Chicken Rice & Bean Bake, Vegetable
Tortilla Chips & Dessert

2nd Thursday, October 8th

Sponsored by: **Atlantic Federal Credit Union**
Cooks: **Chris McKenney & SMP Team**
Chowder
Grilled Ham & Cheese Sandwiches, Macaroni Salad
Dessert

3rd Thursday, October 15th

Sponsored by: **WEX**
Cooks: **Doug Ellis/Knights of Columbus**
Salad
Ham Tetrazzini (Creamy Pasta), Vegetable
Bread & Dessert

4th Thursday, October 22nd

Sponsored by: **Lighthouse Credit & Ready Seafood**
Cooks: **Saco Meals Program**
Coleslaw
Hot Dogs, Mac n Cheese, Vegetable
Dessert

5th Thursday, October 29th

Sponsored by: **Biddeford-Saco & Saco Bay Rotary**
Cooks: **Dave LePauloue/TA Alumni**
Salad
American Chop Suey
Garlic Bread & Dessert

Please Like Us on Facebook and visit www.sacomeals.org for menus and announcements.
All meals are free and no registration required. Donations are accepted and always appreciated.
Menu subject to change in the event of inclement weather closures.

Saco Meals Program
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